

## Linslade Crusaders - Squad Criteria

Gold (County) Squad Entry and Maintenance Criteria									
Competitions	Internal Splash Galas	Club Championships	League Galas	Invitation (Typ Sat Evening)	County Championships	Regional Championships	Open Meets	Beds County Squad	Beds County Training
Age 9-12	Must	Must	Must if Selected	Must if Selected	Aim to enter a full programme based on all qualifying and target events. Not entering qualifying events - Discuss with Head Coach	If achieving QT times - Aim to enter a full programme based on all qualifying and target events. Not entering qualifying events - discuss with Head Coach	Aim to compete at Club targeted meets to obtain QT times appropriate to goals. Non Targeted Meets - Discuss with Head Coach	Subject to invitation - Preferred unless agreed otherwise with Head Coach	Subject to invitation - Preferred unless agreed otherwise with Head Coach
Age 13+	Preferred	Must	Must if Selected	Must if Selected	Aim to enter a full programme based on all qualifying and target events. Not entering qualifying events - Discuss with Head Coach	If achieving QT times - Aim to enter a full programme based on all qualifying and target events. Not entering qualifying events - discuss with Head Coach	Aim to compete at Club targeted meets to obtain QT times appropriate to goals. Discuss with Head Coach	Subject to invitation - Preferred unless agreed otherwise with Head Coach	Subject to invitation - Preferred unless agreed otherwise with Head Coach
<b>Entry Criteria</b>	<b>Personal</b>	<b>Times*</b>			<b>Training Requirements unless agreed by Head Coach</b>	<b>Maintenance</b>			
Competes at Internal Splash and Club Champs, competes at Open meets applicable to age and ability and as targeted by club. Competes at County Champs is QT time if held.	Refer to Code of Conduct	9-11 Holds Min of 2 County Qualifying Times and has the ambition and drive to gain additional times within the next training cycle	12-13 Holds Min of 3 County Qualifying Times; achieved across a variety of distances or events. Is expected to gain longer distance QT within the next training cycle	14+ Consistently achieves County Qualifying Times in a variety of events and is committed to maintaining and improving times over the next training cycle	Attends Min 4 out of 5 available sessions. Missing any of min 4 sessions must be reported to head coach.	Along with times swimmers need to meet individual targets as set by Head Coach			
*Exceptions maybe made where a swimmer is expected to achieve QT times for the next County Championship. This is at the discretion of the Head Coach, Squad Manager and Club Chair									